

Breakthro' is a place where disabled young people can get to know each other and support each other. Many other organisations provide training for work or for independent living but Breakthro' is different because it allows the people who use it to take responsibility for themselves and each other and to do that in a completely natural way. The weekly club, monthly discos and holidays support a full social life for the young people in addition to school, work or training. I am particularly pleased that some of the young people have already taken roles in running the organisation and have learnt skills like professional-level DJ-ing for their friends. It has been a privilege to meet and to get to know some of the most lively, talented and affectionate young people in Llanelli. It's also been a pleasure to get to know their parents and carers who are entirely devoted to making sure these young people have the opportunities that others might take for granted. Pob lwc Breakthro! All the best Breakthro'! I'll do whatever I can to help.

A handwritten signature in blue ink that reads "Myfanwy Jones". The script is fluid and cursive, with the first name "Myfanwy" written in a larger, more prominent hand than the surname "Jones".

Patron, Breakthro' Llanelli